



Indian Thyroid Society

Presents



15TH - 16TH AUGUST 2025

JW MARRIOTT, SAHAR

ITSCON 2025 Scientific Programme, 15-16th August, 2025

DAY 1, 15th August 2025, Hashimoto's Hall

Time	Topic	Speaker	Chairperson
7:30 - 7:45 AM	Flag Hoisting (Hotel Foyer)		
8:30 - 8:45 AM	Registration		
8:45 - 9:00 AM	Watering the Tree - Inauguration, by President ITS Krishna Seshadri with Past Presidents, EC & Organising Committee		
9:00 - 10:00 AM	Decoding the Thyroid	Symposium	
9:00 - 9:15 AM	Obesity & Hypothyroidism - The Clinical Conundrum	Dr. Philip Finny	Dr. Basavraj GS, Dr. Narendra Kotwal, Dr. Sachin Chittwar
9:15 - 9:30 AM	Managing coexisting Hypothyroidism & Type 2 Diabetes Mellitus - The Dual Burden	Dr. MV Ram Mohan	
9:30 - 9:45 AM	Thyroid Antibodies: When & What to Test?	Dr. Umesh Kumar Garg	
9:45 - 10:00 AM	Subclinical hypothyroidism when to treat ?	Dr. Parag Shah	
10:00 - 11:00 AM	The Thyroid Spectrum	Symposium	
10:00 - 10:15	Thyroxine & Thyromimetics in MASLD	Dr. Basavraj GS	Dr. Tarun Sekhri, Dr. Pinaki Dutta, Dr. Parag Shah
10:15 - 10:30	Congenital Hypothyroidism: Early detection & long term management	Dr. Mohan Shenoy	
10:30 - 10:45	AI in Pediatric Thyroid Disorders	Dr. G R Sridhar	
10:45 - 11:00	Thyroid & Mind	Dr Sarita Bajaj	
11:00 - 12:00 PM	Endocrine Crosstalk: Hypothyroidism in the spectrum of Metabolic Syndrome	Symposium	
11:00 - 11:15	Screening for Hypothyroidism in Type 2 Diabetes Mellitus Navigating from Controversy to Consensus	Dr. Sankar Nath Jha	Dr. Ram Mohan, Dr. Shruthi Bettgowda
11:15 - 11:30	Thyroid Dysfunction & Cardiovascular Disease: Evidence, Impact & Intervention	Dr. Sachin Chittwar	
11:30 - 11:55	Silent Synergy - The Overlap Between Hypothyroidism & Dyslipidemia	Dr. Aman Rajpal	
11:55 - 12:10	Interpreting Discordant Thyroid Test	Dr Narendra Kotwal	
12:10 - 1:00 PM	RV Jayakumar Oration Pragmatism and the Indeterminate Thyroid nodule	Dr Krishna Seshadri	Introduction - Dr Shashank Joshi, Dr Arun Menon, Dr Pramila Kalra
01:00 - 01:45 PM	Lunch Break		
DAY 1, 15th August 2025, Hashimoto's Hall			
Time	Topic	Speaker	Chairperson

1:45 - 2:45 PM	ITS Guidelines on MNG	Moderators: Dr Krishna Seshadri, Dr Pramila Kalra Panelists: Dr Amit Agarwal, Dr Arun C S Menon, Dr Sunetra Mandal, Dr Ganavi Y P, Dr Vijaya Bhaskar Reddy, Dr Ritesh Agarwal, Dr Roma Pradhan, Dr Kaushik Biswas, Dr Soumik Goswami	
2:45 - 3:45 PM	ITS Guidelines on Lab Diagnosis	Moderators: Dr Krishna Seshadri, Dr Pramila Kalra and Dr Soumik Goswami Panelists: Dr Ganavi Y P, Dr Rana Bhattacharya, Dr Vijay Bhaskar Reddy, Dr Arun C S Menon	
3:45 - 4.30 PM	Fireside Chat with Dr. Soumik and Dr. Muthukumaran Beyond standard dosing:The era of patient specific hypothyroidism management	Dr Muthukumaran Jayapaul Dr Soumik Goswami	
4:30 - 5:30 PM	Endocrine Signals, Cardiac & Renal Consequences	Symposium	
4:45 - 5:00	Endocrine influence on Renal Function: Hypothyroidism as Risk Factor	Dr. Prem Prakash Patidar	Dr. G R Sridhar, Dr. Mini G Pillai
5:00 - 5:15	Cardiovascular Morbidity & Mortality in Patients with Thyroid Dysfunction	Dr Ved Prakash	
5:15 - 5:30	Thyroid & Hypertension : Unmasking the Hidden Link	Dr Manoj Chaddha	
5:30 - 6:30 PM	T3 Session	Symposium	
5:30 - 5:45	Integrating T3 in Individualized Therapy for Hypothyroidism	Dr Abyudaya Verma	Dr. Manoj Chadda, Dr. Prem Prakash Patidar
5:45 - 6:00	Debate: Combination Therapy is the way forward for treatment of hypothyroidism	Dr Sandeep Suri	
6:00 - 6:30	Role of T3 in Hypothyroidism	Dr Ruchi Gaba	
6:30 - 7:00 PM	Shingles Prevention in Diabetes	Expert Talk	
6:30 - 7:00	Advancing Shingles Prevention strategies in patients with Diabetes: Challenges and Opportunities	Dr Agam Vora	
7:00 - 8:00	Annual General Body Meeting of the Indian Thyroid Society		
DAY 1, 15th August 2025, Graves' Hall			
Time	Topic	Speaker	Chairperson
10.00-11.00 AM	Thyroid - What's New	Symposium	
10:00 - 10:15 AM	Insomnia & Thyroid Disorder	Dr Sandeep Devi Reddy	Dr. Kishore Kumar Behera, Dr. Ved Prakash
10:15 - 10:30 AM	Treatment Outcomes and Predictors of Permanent hypothyroidism in subacute, silent,and Post Partum thyroiditis: a North Indian experience	Dr CM Batra	

10:30 - 10:45 AM	Radioiodine Therapy: Past, Present & Future	Dr Gaurav Malhotra	Dr. Pooja Pandey
11:00 AM-12:00 PM	Thyroid Cancer Symposium	Symposium	
11:00 - 11:15 AM	Update on papillary thyroid carcinoma	Dr Amit Agarwal	Dr. Pradeep PV, Chris De Souza, Dr. Manish Kaushal
11:15 - 11:30 AM	Advances in Thyroid Surgery	Dr Ritesh Agarwal	
11:30 - 11:45 AM	Targeted Therapy in ATC	Dr Tarun Mishra	
11:45 - 12:00 PM	RAI in Differentiated Thyroid Cancer	Dr Vikram Lele	
12:10-1:00 PM	RV Jayakumar Oration Pragmatism and the Indeterminate Thyroid nodule	Dr Krishna Seshadri	Introduction - Dr Shashank Joshi, Dr Arun Menon, Dr Pramila Kalra
01:00 - 01:45 PM	Lunch		
2:00 - 3:00 PM	Pearls in Clinical Thyroidology	Sessions	
2:00 - 2:15	Managing Thyrotoxicosis: From Flare to Control	Dr Debmalya Sanyal	Dr. Sarita Bajaj, Dr Sandeep Suri, Dr. Sankar Nath Jha
2:15 - 2:30	Unilateral Graves Disease	Dr. Arunkumar R Pande	
2:30 - 2:45	Thyroid immunoassay - Pitfalls	Dr. Rana Bhattacharjee	
2:45 - 3:00	Pediatric Hyperthyroid Disorders	Dr Manjiri Karlekar	
3:00 - 4:00 PM	Hot Topics	Symposium	
3:00 - 3:15	Thyroid Hormone Resistance Syndrome	Dr. Kaushik Biswas	Dr. S K Sharma, Dr. Umesh Kumar Garg, Dr. Rana Bhattacharjee
3:15 - 3:30	Autoimmune Thyroid Disease and Type 1 Diabetes: Screening & Management	Dr. Srinagesh	
3:30 - 3:45	Pharmacokinetics in Thyroxine Isomers	Dr Shambo Samajdar	
3:45 - 4:00	Functional Imaging in Thyroid Disorders	Dr Karuna Luthra	
4:00 - 5:00 PM	Thyroid Emergencies	Symposium	
4:00 - 4:15	Nutritional Supplementation in Thyroid care	Dr Arindam Ray	Dr. Mohan Shenoy, Dr. Arunkumar Pande
4:15 - 4:30	Thyroid Emergencies in Elderly	Dr Kishore Kumar Behra	
4:30 - 4:45	Lull after the storm	Dr Pinaki Dutta	
4:45 - 5:00	Evolving Paradigms in Thyroid Cancer Imaging	Dr Mary Ann Joseph	
DAY 2, 16th August 2025, Hashimoto's Hall			
Time	Topic	Name	
9:00 - 10:00 AM	Thyroid & Beyond - Unravelling Hormonal Disorders In Women	Symposium	
9:00 - 9:15	New Born Thyroid Screening: What every clinician should know	Dr Ashish Reddy	

9:15 - 9:30	Decoding Dysfunction: Hypothyroidism's Impact on Uterine Bleeding & Beyond	Dr. Shruthi Bettegowda	Dr. C M Batra, Dr. Srinagesh, Dr. Vimal M V
9:30 - 9:45	PCOS & Hypothyroid	Dr Altamash Shaikh	
9:45 - 10:00	Thyroid Dysfunction & Female Infertility: Unveiling the Endocrine Connections	Dr. Soumik Goswami	
10:15 - 11:00 AM	Hypothyroidism in Pregnancy	Symposium	
10:00 - 10:15 AM	Keynote Hypothyroidism in Pregnancy: Maternal & Fetal Outcomes	Dr. Mini G Pillai	Dr. Arun S Menon, Dr. Roma Pradhan
10:15 AM - 11:00 AM	State of the Art Hypothyroidism in Pregnancy - Case based Discussion	Dr. Dimpi Desai	
11:00 - 12:00 PM	Thyroid Eye Disease	Symposium	
11:00 - 11:30	Thyroid Eye Disease - State of the Art	Dr Malini Gupta	Dr. Sandeep Devi Reddy, Dr. Debmalya Sanyal
11:30 - 11:45	Thyroid & Eye - Ophthalmologist's View Point	Dr Akruti Desai	
11:45 - 12:00	Thyroid & Eye - Endocrine Surgeon's View Point	Dr. Himagirish K Rao	
12:00 PM - 1:00 PM	Hyperthyroidism/Graves Disease	Symposium	
12:00 - 12:15	Unmasking Hyperthyroidism: Clinical Insights and Patient Care	Dr. Tarun Sekhri	Dr. Pramila Kalra, Dr. Himagirish K Rao
12:15 - 12:30	Reappraising Long Term Antithyroid drug therapy in the management of Graves disease	Dr. Vimal M V	
12:30 - 12:45	ITS Guidelines on Management of Hyperthyroidism in Adults in India	Dr Shashank Joshi	
12:45 - 1:00	Immunotherapy and Thyroid Dysfunction	Dr. Arun S Menon	
01:00 - 01:45 PM	Lunch Break		
2:00 - 3:00 PM	Symposium		
2:00 - 2:15	Thyroid & Bone Health	Dr S.K.Sharma	Dr. Philip Finny, Dr. Soumya S Inamadar
2:15 - 2:30	Management of Retrosternal Goitre	Dr Subhash B Yadav	
2:30 - 2:45	Levothyroxine: Dosing Principles & Individualization	Dr. Alankar Tiwari	
3:00 - 3:45 PM	Thyroid Dysfunction, Autoimmunity & Nutritional support	Symposium	
3:00 - 3:15	Role of Vitamin D deficiency in Thyroid Disorders	Dr Vijay Bhaskar Reddy	Dr. Kaushik Biswas, Dr. Abyudaya Verma
3:15 - 3:30	The Autoimmune cluster: Thyroid Autoimmunity and coexisting conditions	Dr. Robin Maskey	
3:30- 4:00 PM	Valedictory Ceremony		
DAY 2, 16th August 2025, Graves' Hall			

Time	Topic	Name	
9:00 - 10:00	Symposium		
9:00 - 9:15	T3 Dynamics in Thyroid Hormone Withdrawal	Dr Ameya Joshi	Dr. Vijay Bhaskar Reddy, Dr Subhash B Yadav, Dr. Tarun Mishra
9:15 - 9:30	Hypothyroidism & Cognition: From Brain Fog to Depression	Dr Sanjay Saran	
9:30 - 9:45	Postpartum Thyroiditis: The Aftermath of Pregnancy related Thyroid Dysfunction	Dr Lohit Kumbar	
9:45 - 10:00	Anemia of Endocrine Origin: Overlooked Association with Hypothyroidism	Dr Prashant Mappa	
10:00 - 11:00	Surgery Symposium	Symposium	
10:00 - 10:15	Role of surgery in thyroiditis.	Dr. Manish Kaushal	Dr. Ashish Reddy.B, Dr. Alankar Tiwari, Dr. Soumik Goswami, Dr Preeti Dhingra, Dr Mayur Mehta
10:15 - 10:30	Hypocalcemia after Thyroid Surgery - Have we Decoded the Puzzle?	Dr.Pradeep PV	
10:30 - 10:45	Parathyroid Autofluorescence in Thyroid Surgery	Dr. Roma Pradhan	
10:45 - 11:00	Quality of life post Thyroid Cancer Surgery	Dr Chris De Souza	
11:00 - 1:00 PM	Original Work from India		
11:00 - 11:10	Role of Colour Flow Doppler Ultrasonography to Differentiate Graves' Disease and Gestational Thyrotoxicosis in Pregnancy	Dr Tausif Nabi	Dr. Pramila Kalra
11:10 - 11:20	Effect of Levothyroxine on cognitive functions and Correlation with NT-proBNP in Subclinical Hypothyroidism.	Dr Vinay Prasad	
11:20 - 11:30	Thyroid Dysfunction in Chronic Liver Disease and its Correlation with Severity of Liver Disease	Dr Tausif Nabi	
11:30 - 11:40	Clinical Profile and Bone Health Status in Patients with Graves' Disease on Long-Term Antithyroid Drug Therapy: A Cross-Sectional Study	Dr Nikhil Sanjeev K	
11:40 - 11:50	Beyond Graves': A case series of euthyroid and hypothyroid TAO	Dr Isha Stutee	
12:00 - 12:10	Butterfly Effect	Dr Satyavamsi Gadde	
12:10 - 12:20	Study of Biochemical, Ultrasonographical, and Scintigraphical Features in the Etiological Diagnosis of Thyrotoxicosis	Dr Anu Wilson	
12:20 - 12:30	A Correlation between Nail Changes and Bone Health in patients with Hyperthyroidism	Dr Adarsh Shah	
12:30 - 12:40	Challenging Cases of Thyroid Storm with Anti-Thyroid Drug-Induced Complications: A Series from a Tertiary Care Center	Dr Suyash Gupta	
01:00 - 02:00 PM	Lunch Break		